



Instructor Guide

2nd Edition

I was born at a time when people were still farming and everybody had large gardens and we ate directly from the gardens, and life in general was fairly happy. If you were looking from the outside into our communities, you would maybe see that our communities were impoverished - meaning that we didn't have a lot of material things. But we had a lot of other things. And one of the things that we did have was good healthy food, good healthy water, and so forth, which is very different from what we see today.

- Clayton Brascoupe, Traditional Native American Farmers Association



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